

Teens who gamble are more likely to...

- Have **depression** issues
- Get **lower grades**
- Use **illegal drugs**
- Get into **fights**
- Have a **low self-esteem**
- Attempt **suicide**

Gambling can very quickly turn into an

ADDICTION.



Find out how YOU can **help today.**

If you want to
TAKE ACTION
to keep youth in your
community safe from the
dangers of underage
gambling, **contact us today:**

[Insert Agency Contact
Information Here]

You(th) Decide NY was developed to help teenaged youth understand the realities and the potential consequences of gambling, and to empower them to share their knowledge with their peers, parents and communities.

This project is run in partnership with the New York Council on Problem Gambling.

For more information about YOU(th) Decide, please visit www.YOUthDecideNY.org



Preventing Underage Gambling

How YOU Can Help





PARENTS

Learn more about the dangers of underage gambling at www.YOUthDecideNY.org

Talk to your children today about the dangers of underage gambling

Teach your children how to analyze media messages by using teachable moments like advertisements, movies, and music that you see/hear together

Join your teen in volunteering to talk to leaders and groups in your community to raise awareness of the issue of underage gambling



YOU(th)

Know all of the facts before you DECIDE

Learn more about the dangers of underage gambling at www.YOUthDecideNY.org

Be a positive peer influence by choosing NOT to gamble

Take action in your community by partnering with your local prevention agency to take action in your community. *You can find our contact info on the reverse side of this brochure.



COMMUNITY LEADERS

Declare your family and youth events gambling-free

Express publicly your support for gambling-free events for youth and families by signing a resolution or statement of support

Learn more about the dangers of underage gambling and find resolution and policy templates at www.YOUthDecideNY.org

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Giving teens the power to decide!